Name:	 Date:	

What does "smart" mean?

You know, like "I'm not smart", or "she's smarter than me", or "I wish I was smarter."

So...
You're not smart, right? (Really? Are you sure?)

Stop. Right now.

What exactly do you **Mean** by "smart"? Do you mean "higher grades"? Do you mean "reads faster"? Do you mean "in the smart classes"? Do you mean "not dumb like me"?

All of the above?

Well, boo-hoo for you.

You think you're not smart?

You're right.

You aren't...

...if you worry about how smart you are.

It's time to

learn about your brain.

(you already have a good one)

There are different kinds of SMart, young warrior.

To show you how that works, let's think about a word related to "smart"... let's think about the word



……rathletic.

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Are you athletic



Mike can bench press 405 pounds, and he won two powerlifting competitions in high school. He can't run super-fast, but he's as wide as a barn and is a beast with a barbell.

Julia just ran another marathon, and finished first. Again. She's light and slender and not physically strong, but when she puts on her track shoes, she will whip you.

So

who's a better athlete?
who's smarter with their bodies?

The answer is:

It doesn't matter who's smarter.

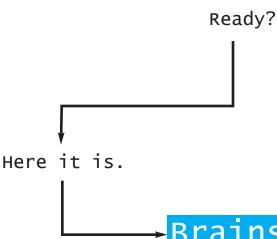
Mike's good at lifting.
Julia's good at running.

They're both proud of their strengths.

Julia doesn't whine that she's weak, and Mike doesn't grumble that he's slow.

The point

of this whole "athletic" thing may surprise you, because it reveals an interesting fact about yourself and your brain.



Brains are like bodies.

They're smart in lots of different ways.

You could be smart with numbers, or smart with selling things, or smart with creating music, or smart with fixing computers, or smart with a wrench in your hand, or smart with a paintbrush, or smart with managing people, or smart with caring for animals, or smart in a thousand other ways.

(Lizards are much smarter than you, because they can survive in the desert, and you can't. Ha-ha! You're dumber than a lizard.)



(Who's smarter, you or a peach tree? When it comes to making peaches, the peach tree is smarter. You can't make a peach, and a peach tree can. So a peach tree is smarter than you.)

(A fly is smarter than you, because a fly can walk upside down on a ceiling and you can't. Think about it. You're not even as smart as a fly.)

So, where does **YOU** r strength lie?

No, you may not be a soccer star, but maybe you can kick the soccer star's butt at paintball. (Or fixing engines.)

Is it possible that you would embarrass your brainy neighbor in a game of pool? (Or a sales contest?)

would the hotshot track star be jealous if you entered a dance competition (or architecture competition) and won first place?

If you whipped these people at something you're better at than them...

...does it really matter who's more athletic? smarter?



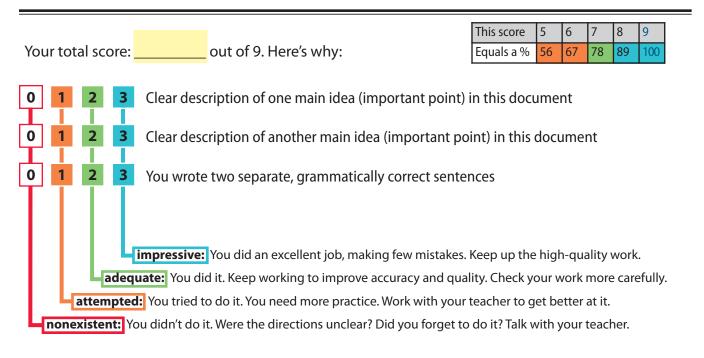
THE SMARTEST PEOPLE ARE THE ONES WHO DO WHAT THEY DO BEST.

DON'T WORRY ABOUT THE OTHER PERSON.
GET OUT THERE AND DO WHAT YOU DO.

lame:		Date:
SHOV THAT YOU	W KNOW	Complete this assessment and show that you can recognize, identify, and write about the main ideas in this document.
Circle Ye	s/No: Do t	these ideas occur in this document?
Yes	No	You can be smart in different ways.
Yes	No	It matters a lot whether you're smart or not.
Yes	No	It's important to get out there and do what you do best.
_	s and pursu	t how smart she was relative to others; she figured out her led them. Her high school counselor helped her pick a career
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Additional comments: