

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**BEHAVIOR REFLECTION — a Gradebooster**

What's the POINT?

You're reading this because your behavior is interfering with your learning. Reflecting on your behavior can help you improve your behavior, learn more, and get more respect from people.

WHY?

Because your behavior is getting you in trouble. You're acting way out of line, and we need to find a way to help you make some connections in your mind so you show better behavior.

HOW?

Answer these questions honestly and seriously. The goal is to fix the disconnect between how you **should** act and how you **do** act.



#1

*What did you do to get in trouble recently? Be specific. What did you say or do (or not do)? What did your teacher say or do? How, exactly, did you respond?*

Handwriting practice area with horizontal blue lines and a vertical pink margin line on the left.



**CIRCLE ONE**

**#2**

Do you believe the teacher's requests were reasonable? YES NO  
If you circled YES, write why you didn't follow them.  
If you circled NO, write why they weren't reasonable.

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**#3**

How could we could stop this from happening again? Would it help if something were changed in the classroom? Should your teacher do something different? Could you do something different?

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**CIRCLE ONE**

**#4**

Are you willing to make a promise to your teacher? YES NO  
If YES, what is your promise?  
If NO, what if your teacher promised you something in exchange?

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**Please give this completed sheet back to your teacher. Thanks for completing it.**